Regulating Human Heart Rate Planning Document

Group Members:

Part 2: Measuring Heart Rate Accurately

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| Subject Name | Left Arm (30 sec) | Right Arm (30 sec) |
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| Subject Name | Final Heart Rate (Beats Per Minute) |
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Part 3: Designing Your Experiment

Activity:

Materials needed:

Group member in charge of bringing items:

Hypothesis:

How to keep lab constant:

When to take resting heart rate:

When to take heart rate:

Step-by-step procedures:

1. First step…